**Article for Cara Downey Publication w/Interview**

Title: **Houston Plastic Surgeon Dr. Cara Downey**-Preparing for Breast Reconstruction After Breast Cancer Surgery.

Listen to this interview with Houston Plastic Surgeon Dr. Cara Downey as she explains the entire process of breast reconstruction surgery in a way that will calm your fears and help you to feel fully prepared for what’s to come once you’ve been diagnosed with breast cancer.

Dr. Downey also shares info on the many types of reconstruction after cancer surgery.
There are also multiple implant options as well as options when using a patient’s own fat tissue.

Learn how the process of coordinating with your Oncologist and your Plastic Surgeon well in advance helps you to be better prepared for breast reconstruction surgery after breast cancer.

Dr. Downey states, “I do encourage patients to get information on what their options are upfront to help them cope with the loss they’re about to go through and show them there is light at the end of the tunnel.”

Listening to this interview with Dr. Downey can be immensely helpful for patients to know they can become made whole again.

Dr. Downey’s office is conveniently located in the heart of the Houston Montrose Area and she is privileged to operate at several facilities in the medical center and throughout the greater Houston area including Sugarland and North Houston.

Her passion for cosmetic surgery stems from her natural artistic ability and she is particularly interested in facial rejuvenation and body contouring, including restoration of the female figure after pregnancy. Dr. Downey and her staff are dedicated to making your plastic surgery experience as enjoyable as possible while they assist you in reaching your aesthetic goals.

**Contact Dr. Cara Downey’s Office for more information or to Schedule a Consultation by calling (713) 979-0526 or go to her website at** [**http://www.houstonplasticsurgery.pro/**](http://www.houstonplasticsurgery.pro/)

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