FRANK SEARS STORY

**TITLE:** From Broke Down Cowboy to Back in the Saddle & CMSA Shootout: Frank Sears Story

**SUMMARY:** Frank Sears, Cowboy, Bike Enthusiast, Outdoorsman and all around tough guy finds relief after over 25 years of chronic back pain and decades of unsuccessful help in the past. At age 64 Frank Sears is Back in the Saddle competing on his horse in CMSA, (Cowboy Mounted Shooting Association) thanks to the help of Houston Spine Surgeon Dr. Richard Francis.

**CONTENT:** Frank Sears, a young man who started working at age 14 as a Fourth Generation Carpenter was extremely active early on in life. He grew up as an avid outdoorsman, enjoying fishing, boating, motorcycles and horseback riding as well as working hard as a carpenter. Unfortunately, after years of hard work and lots of falls on the job site he was no longer able to get out and enjoy those exciting experiences as he once did. Sears found himself going to numerous doctors, chiropractors and other specialists over the years and taking strong medications to help with the continual pain he suffered from. In spite of all the help he became no longer able to function normally and was still in constant pain, having to cut back or completely stop being able to experience all those activities he loved so much. Sears options usually looked pretty bleak; one doctor even suggested neck surgery but also advised him that there was a 60% chance he would never walk again afterwards.

Fortunately for Sears, one day a friend suggested he see [Dr. Richard Francis](http://www.myspineassociates.com/about-us/richard-francis-md/) at Houston Orthopedic and Spine Hospital. Dr. Francis, founder of Spine Associates saw Sears and after examining, testing and diagnosing his problems was able to determine that back surgery was absolutely necessary. Dr. Francis performed a 360 Back Procedure, a type of surgery in which the spine is fused from both the back and the front. Unbelievably and certainly to Sears astonishment, the nurses had him up and walking later the same day as the procedure. The following day Sears had little back pain and by the third day, no back pain at all. Six months went by and Sears still had no back pain and is now riding his horse and back to competing in the CMSA events, cowboy mounted shooting with a 45 caliber revolver.

Here is Frank Sears Story in his own words…..

“I started working at the age of 14. Proudly being a fourth generation carpenter. After several years of working and several falls from roofs over the years, my back and neck was so bad that it was hard for me to stand straight when I woke, much less get a full night’s sleep. I would take pain medication day and night to continue working. Then in 2003, my wife and I had a car wreck. My love for motorcycles, fishing and riding horses all stopped, along with being able to work. My doctor in Arkansas stated, “If you look up with a paintbrush in your hand…. You could be paralyzed.” Soon the pain medicine had gone to Hydrocodone and aspirin. The headaches, neck, and back pain would cause me to vomit and have to lay down with ice packs. After several years of physical therapy, doctors, chiropractors, etc., I was able to ride my horse for short periods of time. Still could not ride in a boat due to bouncing or hold a bike up. A different doctor in Arkansas stated I needed immediate neck surgery and there was a 60% possibility I would not walk after the surgery.

Now at the age of 64, with over 25 years of pain and difficulty walking, a friend recommended Houston Orthopedic Hospital and Spine Associates in Bellaire, Texas. Dr. Francis told me the back was my immediate problem. He performed a 360 back procedure, placing rods, plates, and screws in the back and put additional hardware on the front of the spine. The same day, the nurses had me up walking. The second day very little pain, the third day no back pain and six months later still no back pain. My neck also improved with the back surgery.

I am now competing again on my horse doing CMSA, (Cowboy Mounted Shooting), with a 45 LC Revolver, with no back pain. Of course I do have neck pain and stiffness from not exercising for a long period of time.

I am recommending to all my friends to make the trip to Houston to see Dr. Richard Francis, what a life saver he has been for me. All his staff were extremely kind to me and my wife, and assisted with whatever was necessary. My wife was able to stay in the room with me. She also received a meal tray for less than $6.00. The meals were also great, not like most hospital meals. Our most valuable aspect was finding out what was really wrong and getting it corrected. I wish I had found Dr. Richard Francis ten years sooner. I would recommend Spine Associates to anyone needing back or orthopedic surgery.”

F. Sears of Lonsdale, AR.

[Spine Associates](http://www.myspineassociates.com/our-services/interventional-pain-management-center/how-can-we-help-you/) in Houston, Texas dedicates their practice to treating patients with spine disorders of all kinds. The practice is grounded in their mission and values, which reflect their high regard for conservatism, quality of care, timeliness and the most up to date technology. Spine Associate and the entire staff aspire to develop genuine relationships with each patient and ensure a safe and rewarding experience throughout every step of their treatment and recovery.

For further information about Spine Surgeon Dr. Richard Francis or treatment of chronic back pain call the offices of Spine Associates at 888-977-4625 or Visit the Website at [www.myspineassociates.com](http://www.myspineassociates.com) .